

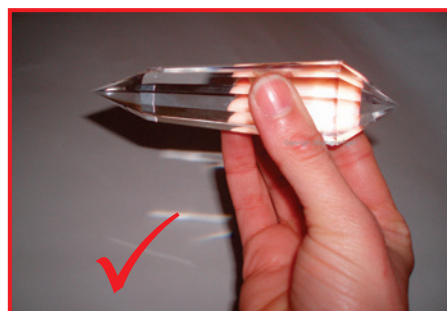
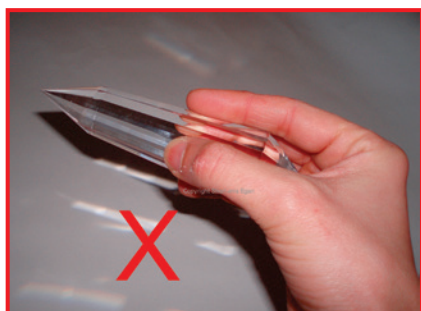
CRYSTAL WAND



A crystal wand is a long, 'finger like' crystal tapering inversely from base to apex.

A wand may be used to draw a barrier around the self or another for protection. It may be used to remove disease, project healing energy and assist in cutting the ties. It is most effective when directed towards a person or object whilst visualising light emanating from the apex of the crystal.

When handling a wand, make sure you are not pointing it towards someone unless you are specifically directing energy towards that person. If the wand is double terminated, ensure its apex is not pointing towards your palm or body – **hold a double terminated quartz like a pencil** to avoid drawing energy from the client and transferring it into yourself.



Crystal wands are dormant when not in use (unless otherwise programmed), becoming active when held with intention.

Drawing (removing) energy

When removing pain or negative energy from your client, hold a double terminated crystal in **either hand**, rotating it in an anti clockwise direction over the area of concern.

Variation 1 Hold a single terminated wand in the **receptive hand**, rotating it in an anticlockwise direction.

Variation 2. Use your **left hand to draw out** energy by hovering it **flat** over the area of concern whilst **projecting energy** healing through the **wand** with your **right hand**. If using this variation, hold the intent that your left hand transmutes all energy into positive automatically. Alternatively, hold an amethyst in your receptive hand for transmuting purposes – both techniques will prevent you from absorbing negative energy from the client.